

Happy

Content
Joyful
Proud
Peaceful
Hopeful
Inspired
Optimistic
Eager

Building
Emotional
Vocabulary



Sad

Depressed
Heartbroken
Blue
Unhappy
Bored
Lonely
Powerless
Guilty

Mad

Angry
Frustrated
Hurt
Irritated
Insecure
Jealous
Enraged
Annoyed

Scared

Nervous
Fearful
Anxious
Worried
Worthless
Frightened
Dread
Terrified

Surprised

Excited
Nervous
Shocked
Startled
Confused
Amazed
Perplexed
Eager