

# Homemade Playdough with Calming Scent

- 1 cup flour
- 1/3 cup salt
- 2 teaspoons cream of tarter
- 1 tablespoon vegetable oil
- 1 cup water
- food coloring
- 20 drops essential oil

Add the flour, salt, cream of tarter, and oil to a stove top pan. Mix together. Then add the water and food coloring. Place on stove top on medium low heat.

CONTINUALLY stir. The mixture will thicken and begin forming a ball. Once the mixture has come lose from the sides and bottom of the pan, remove and allow to cool on wax paper or cutting board.

Once cool, add 20 drops of essential oils, kneading the dough.